

eLearning module guide

Note: Click on any course heading to access those modules directly on the Insight website.



Centre for alcohol and other drug
training and workforce development

Dovetail

Supporting the youth alcohol and
other drug sector in Queensland

Level 1: Core AOD Knowledge

These modules cover foundational knowledge and concepts underpinning effective AOD practice. They are targeted towards all AOD, mental health and Social and Emotional Wellbeing workers, especially those who are new to the field or who wish to brush up on their existing knowledge-base.

1.01 AOD ESSENTIALS

- Substance use foundation concepts
- Models of substance use
- Substance use & the law
- Challenging stigma

1.02 UNDERSTANDING OUR CLIENTS

- Rates & trends of substance use
- Introduction to trauma informed care
- Person-centred care

1.03 UNDERSTANDING THE BRAIN & BODY

- AOD & the brain
- Routes of administration
- Tolerance, dependence & withdrawal
- Physical health impacts

1.04 UNDERSTANDING DRUGS: THE BASICS

- Alcohol
- Cannabis
- Opioids
- Methamphetamine
- Benzodiazepines

1.05 PRIORITY POPULATIONS

- Working with diverse populations
- Working with people who experience pain
- Working with people who experience cognitive and/or functional challenges

1.06 THE AOD TREATMENT SYSTEM

- AOD policy & practice contexts
- What is AOD treatment?
- Understanding AOD pharmacotherapy
- Understanding the AOD lived/living experience, peer workforce

1.07 UNDERSTANDING OURSELVES

- Developing your practice framework
- Introduction to debriefing, reflective practice & supervision
- Worker wellbeing

1.08 ETHICAL AND LEGAL PRACTICE

- Introduction to ethics
- Confidentiality, consent & professional boundaries
- Duty of care, competence & dual relationships
- Natural justice, rights & discrimination
- Ethical decision-making
- Ethical decision-making in practice
- Rural and remote practice

Level 2: Core AOD Skills

These modules cover the core processes and practice skills required for effective AOD practice. They are targeted towards all AOD, mental health and Social and Emotional Wellbeing workers, especially those who are new to the field or who wish to brush up on their existing skills-base.

2.01 COUNSELLING SKILLS

- Engagement and basic counselling skills
- Active listening

2.02 MOTIVATIONAL INTERVIEWING

- M.I. spirit & core skills
- Change talk
- Evoking change talk
- Tasks & planning

2.03 SCREENING AND BRIEF INTERVENTIONS

- Introduction & overview
- Smoking
- QLD Health's smoking cessation clinical pathway
- The ASSIST
- Using the ASSIST in practice
- Universal AOD screening tools
- The AUDIT: Alcohol use disorders identification test
- Indigenous Risk Impact Screen (IRIS) – Orientation training
- Sex and drugs: Foundational concepts
- Sex & drugs: Understanding STIs
- Sex & drugs: Interventions in practice
- Problem gambling

2.04 ASSESSMENT AND CARE PLANNING

- Conducting an AOD assessment
- The Stages of Change model
- QC55 Formulation & care planning (QCMHL)
- QC48 Mental state examination (QCMHL)
- Mental health histories & MSE (MHPOD)
- QC54 Foundations of risk assessment & management (QCMHL)
- Risk assessment & management (MHPOD)
- Comprehensive care: Introduction

2.05 HARM REDUCTION

- Responding to intoxication
- Respond to an opioid overdose and administer THN

2.06 WITHDRAWAL MANAGEMENT

- Principles of withdrawal management
- Opioid withdrawal management
- Benzodiazepine withdrawal management
- Cannabis withdrawal management

2.07 INTRODUCTION TO PSYCHOSOCIAL INTERVENTIONS

- Overview and motivational interventions
- Cognitive and behavioural interventions
- Mutual-help groups, case management and narrative therapy

2.08 RELAPSE PREVENTION & MANAGEMENT (coming soon)

2.09 FUNDAMENTALS OF SUICIDALITY (coming soon)

2.10 CULTURALLY SAFE AOD PRACTICE

- "Eyez On Ice" Orientation (QAIHC)

2.11 WORKING WITH YOUNG PEOPLE

- Knowledge and understanding
- Practice processes
- Interventions

2.12 FAMILY INCLUSIVE AOD PRACTICE (coming soon)

2.13 AOD PEER WORKFORCE (coming soon)

2.14 UNDERSTANDING DRUGS

- Medicinal cannabis
- MDMA
- Cocaine
- GHB
- LSD
- Psilocybin
- Ketamine

Level 3: AOD Treatment Specific

These modules are targeted towards workers who are engaged in AOD treatment specific programs, roles and settings.

3.01 WORKING WITH CO-OCCURRING MENTAL HEALTH AND AOD (coming soon)

3.02 QLD OPIOID TREATMENT PROGRAM

- Understanding opioid dependence, assessment & treatment
- Buprenorphine-naloxone & LAI buprenorphine
- Buprenorphine-mono and methadone
- Overview of ODT & QOTP for non-prescribers

3.03 PRESCRIBER AND DISPENSER TRAINING

- Understanding pain, opioid therapy & inherited patients
- Opioid rotation
- Opioid deprescribing & withdrawal management
- Gabapentinoids
- Benzodiazepines & z-drugs
- Quetiapine
- Interdisciplinary collaboration & referral pathways
- Effective communication: prescribers
- Effective communication: pharmacists
- QScript & the Medicines Poisons Act 2019
- High-risk clinical scenarios

3.04 QNSP

- Queensland Needle & Syringe Program Training

3.05 AOD TELEPHONE COUNSELLING

- Foundational concepts and skills
- Managing complex calls

3.06 POLICE/COURT DIVERSION ONLINE TRAINING

- Police / court diversion training

Training for Non AOD/MH Workers

These introductory modules provide a basic overview of substance use and society, including how to conduct a brief intervention with someone for whom AOD may be a concern. They are recommended for anyone working in health and community service settings – including those employed in statutory and welfare contexts – where alcohol and drug is an issue, but may not be the primary focus of your role.

PLEASE NOTE: Workers employed within specialist AOD and mental health settings are advised to skip these modules and proceed directly to Learning Levels 1, 2 and 3 where concepts, theories and skills are explored in greater detail.

THE STARTER PACK

- An introduction to young people and drugs

AOD BRIEF INTERVENTIONS

- Brief interventions for a healthy lifestyle
- Substance use

BRIEF INTERVENTIONS FOR A HEALTHY LIFESTYLE

- Nutrition and physical health
- Oral health
- Maternal health: Smoking
- Maternal health: Alcohol and other drugs
- Maternal health: Nutrition and physical health
- B.Strong in pregnancy and early life for First Nation Australians

CIMHA MODULES

These modules were developed by the Clinical Systems Support Team within Clinical Excellence Queensland / MHAOD Branch and are designed to assist Queensland Health mental health and alcohol and other drug staff to develop their knowledge and understanding of how to use CIMHA 5.0.

www.insight.qld.edu.au

(07) 3837 5655

insight@health.qld.gov.au

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