

# Insight / APSAD Webinar Series - Semester 2, 2023

**FREE – Wednesdays 10:00 – 11:00am (AEST)**

Join via webinar by visiting <https://insight.qld.edu.au/training/webinars>  
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Insight Seminars are proudly delivered in partnership with the Australasian Professional Society on Alcohol & other Drugs



**insight**  
Centre for alcohol and other drug training and workforce development

**August 23**

[ADD TO CALENDAR](#)

## Taken “with a pinch of salt”: Delivering a message that alcohol causes cancer

Dr Belinda Lunnay

Post-Doctoral Researcher, Research Centre for Public Health, Equity and Human Flourishing, Torrens University Australia

Alcohol is a known modifiable risk factor for breast cancer. Our research shows women do not necessarily know about the alcohol-breast cancer link or perceive risk messages to be trustworthy, or relevant. Social class impacts women's preferred formats for risk messages (how women want messages delivered) and their perceptions of the trustworthiness of information sources (who women trust to deliver messages). This presentation will provide evidence-based guidance for alcohol risk message delivery that might increase equity in breast cancer prevention.

**August 30**

[ADD TO CALENDAR](#)

## What did you expect? Are we neglecting the psychological aspects of LAI-B?

Assoc Prof Mark Daglish

Program Lead, RISE Team NDARC

The terms placebo and nocebo are well known. Is there a missing third component to these phenomena? Is there a missing component of the subjective experience that has not previously been labelled or studied and that it is more relevant that previously due to the arrival of long-acting injectable buprenorphine preparations.

**September 6**

[ADD TO CALENDAR](#)

## Improving culturally responsive practice with Aboriginal and Torres Strait Islander people attending mainstream drug and alcohol services

Sara Farnbach

Program Lead, RISE Team, NDARC

Raechel Wallace

Senior Research Officer NDARC

Health services should be culturally safe and welcoming to people from any cultural backgrounds, however there is evidence that Aboriginal people receive less benefit from non-Aboriginal health services than non-Aboriginal people. This project aimed to plan, implement and evaluate a new process to drive organisational improvements in the cultural responsiveness of non-Aboriginal services. An overview of the culturally responsiveness process and findings from the evaluation will be presented.

**September 13**

[ADD TO CALENDAR](#)

## The benefits of routine outcomes measures and feedback: A case example

Professor Leanne Hides

Lives Lived Well Chair in Alcohol, Drugs and Mental Health at the University of Queensland

This presentation will discuss the project implementing routine outcome measures and feedback (ROMF) at Lives Lived Well. The benefits, challenges and processes will be covered.

**October 4**

[ADD TO CALENDAR](#)

## Parenting, emotional regulation and substance use: the challenge of changing intergenerational histories

Professor Sharon Dawe

Professor, School of Applied Psychology, Griffith University

In order to change intergenerational patterns of adversity associated with problematic substance use, it is essential to attend to family functioning and outcomes for children. This presentation will discuss examples from the Parents under Pressure (PuP) program to illustrate how workers may enhance family-level interventions in practice.

**October 11**

[ADD TO CALENDAR](#)

## Cannabis legalisation and public health

Dr Janni Leung

NHMRC Development Fellow at National Centre For Youth Substance Use Research (NCYSUR) UQ

Several jurisdictions around the world have implemented changes to their cannabis laws and policies. This talk summarises research on the public health impacts of cannabis legalisation based mainly on studies conducted in North America, where the legalisation of medical and recreational cannabis use has been in effect for the longest.

**October 18**

[ADD TO CALENDAR](#)

## Social Substances: The Online Landscape of Substance Use

Carmen Lin

Biostatistician and a Ph.D. Candidate, School of Psychology and National Centre for Youth Substance Use Research, UQ

Brienna Rutherford

Ph.D. Candidate, School of Psychology and National Centre for Youth Substance Use Research, UQ

Social media platforms have become a hub for information regarding potentially risky behaviours, particularly among youth and young adults. As these online platforms continue to gain popularity, it is likely that exposure to certain high-risk and publicly available content, such as that which depicts active substance use or discusses access to licit or illicit substances, may influence the norms and risks perceptions of youth and young adults.

**October 25**

[ADD TO CALENDAR](#)

## What about the siblings and the family in the drug and alcohol sector?

Dr Julie Perrin

Clinical Social Worker

Family culture is shaped by layers of interwoven rules, roles, responsibilities and relationships. This presentation covers how siblings understand and may be impacted by drug use in the family, and suggests how AOD services could better support siblings and families.

**November 1**

[ADD TO CALENDAR](#)

## Behavioural addiction: Opening Pandora's loot box and navigating the mass debate

Associate Professor Matthew Gullo

Clinical Psychologist School of Applied Psychology and the Centre for Mental Health, Griffith University

Research on gambling has led to an understanding that non-substance-related addictions exist, however it is less clear how we define these. This talk discusses considerations that are important to strike the balance between acknowledging behavioural addiction and avoiding pathologisation of normal behaviours with candidates such as pornography-use disorder, buying-shopping disorder and others.

**November 8**

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## Exploring how clinicians work with trauma in AOD settings

Logan Harvey

Clinical Psychologist, The Matilda Centre for Research in Mental Health and Substance Use, The University of Sydney

There is a well-established relationship between the experience of adverse or traumatic events, and substance use disorders. This presentation will reflect on conducting trauma-related research in an AOD service, what we learnt in doing so, and will draw on the existing literature to provide tips on improving treatment approaches.

**November 22**

[ADD TO CALENDAR](#)

## Addicted to the sunshine: the role of sensory inputs and occupations in substance use and treatment

Michelle Taylor

Occupational Therapist, Insight

Sensory inputs and occupations are integral to substance use, as well as the coping skills and meaningful lifestyle choices that can support wellbeing. Despite this, these areas are often overlooked in alcohol and other drug treatment. This presentation will explore the science in this area and considerations for evidence-informed care that takes into account the sensory and occupational needs of this population.

**November 29**

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## AOD lived and living experience workers FAQs (Frequently Avoided Questions)

Brett Hodges

LLE Educators, Insight

Mat Tipping

LLE Educators, Insight

A series of commonly encountered questions around the development of the AOD lived/living experience workforce and responses from two LLE Educators working at Insight.