

Level 1: Core AOD Knowledge

These modules cover foundational knowledge and concepts underpinning effective AOD practice. They are targeted towards all AOD, mental health and Social and Emotional Wellbeing workers, especially those who are new to the field or who wish to brush up on their existing knowledge-base.

L1.1: AOD essentials

- Substance use foundation concepts
- Models of substance use
- Substance use and the law
- Challenging stigma

L1.2: Understanding our clients

- Rates and trends of substance use
- Introduction to social and emotional wellbeing
- Introduction to trauma informed care
- Person-centred care

L1.3: Understanding the brain & body

- AOD and the brain
- Routes of administration
- Tolerance, dependence and withdrawal
- Physical health impacts

L1.4: Understanding drugs: The basics

- Alcohol
- Cannabis
- Opioids
- Methamphetamine
- Benzodiazepines

L1.5: Priority populations

- Working with diverse populations
- Working with people who experience pain
- Working with people who experience cognitive and/or functional challenges

L1.6: The AOD treatment system

- AOD policy and practice contexts
- What is AOD treatment
- Understanding AOD pharmacotherapy
- Understanding the AOD lived/living experience, peer workforce

L1.7: Understanding ourselves

- Developing your practice framework
- Introduction to debriefing, reflective practice & supervision
- Worker wellbeing

L1.8: Ethical and legal practice

- Introduction to ethics
- Confidentiality, consent and professional boundaries
- Duty of care, competence and dual relationships
- Natural justice, rights and discrimination
- Ethical decision-making
- Ethical decision-making in practice
- Rural and remote practice

Level 2: Core AOD Skills

These modules cover the core processes and practice skills required for effective AOD practice. They are targeted towards all AOD, mental health and Social and Emotional Wellbeing workers, especially those who are new to the field or who wish to brush up on their existing skills-base.

L2.1: Counselling skills

- Engagement and basic counselling skills
- Active listening

L2.2: Motivational interviewing (M.I.)

- M.I. spirit and core skills
- Change talk
- Evoking change talk
- Processes and planning

L2.3: Screening and brief intervention

- Introduction and overview
- Smoking
- QLD Health's smoking cessation clinical pathway
- The ASSIST
- Using the ASSIST in practice
- Universal AOD screening
- The AUDIT: Alcohol use disorders identification test
- Indigenous Risk Impact Screen (IRIS) – Orientation training
- Sex and drugs: Foundational concepts
- Sex and drugs: Understanding STIs
- Sex and drugs: Interventions in practice
- Problem gambling

L2.4: Assessment and care formulation

- Conducting an AOD assessment
- The stages of change model

L2.5: Harm reduction

- Responding to intoxication
- Respond to an opioid overdose and administer THN

L2.6: Fundamentals of suicidality (coming soon)

L2.7: Relapse prevention and management (coming soon)

Level 3: AOD Treatment Specific

These modules are targeted towards workers who are engaged in specific AOD-treatment roles and settings. They focus on existing funded AOD treatment types, as well practice with priority populations such as Aboriginal and Torres Strait Islanders, young people and families.

L3.1: Introduction to psychosocial interventions

- Overview and motivational interventions
- Cognitive and behavioural interventions
- Mutual-help groups, case management and narrative therapy

L3.2: Withdrawal management

- Principles of withdrawal management

L3.3: Culturally safe AOD practice

- "Eyez On Ice" Orientation (QAIHC)

L3.4: Working with young people

- Knowledge and understanding
- Practice processes
- Interventions

L3.5: Family inclusive AOD practice (coming soon)

L3.7: QOTP prescriber course

- Understanding opioid dependence, assessment & treatment
- Buprenorphine-naloxone & LAI buprenorphine
- Buprenorphine-mono and methadone
- Overview of ODT & QOTP for non-prescribers

L3.8: Prescriber and dispenser training

- Understanding pain, opioid therapy & inherited patients
- Opioid rotation
- Opioid deprescribing & withdrawal management
- Gabapentinoids
- Benzodiazepines & z-drugs
- Quetiapine
- Interdisciplinary collaboration & referral pathways
- Effective communication: prescribers
- Effective communication: pharmacists
- QScript & the Medicines Poisons Act 2019
- High-risk clinical scenarios

3.9 QNSP

- Queensland Needle and Syringe Program Training

3.10 AOD TELEPHONE COUNSELLING

- Foundational concepts and skills
- Managing complex calls

L3.11 Understanding drugs

- Medicinal cannabis
- MDMA
- Cocaine
- GHB
- LSD
- Psilocybin
- Ketamine

L3.12 Recommended learning

- Comprehensive Care: Introduction
- ICD diagnosis and coding for alcohol and drug use disorders
- Police / court diversion training

Training for Non AOD/MH Workers

These introductory modules provide a basic overview of substance use and society, including how to conduct a brief intervention with someone for whom AOD may be a concern. They are recommended for anyone working in health and community service settings - including those employed in statutory and welfare contexts - where alcohol and drug is an issue, but may not be the primary focus of your role.

PLEASE NOTE: Workers employed within specialist AOD and mental health settings are advised to skip these modules and proceed directly to Learning Levels 1, 2 and 3 where concepts, theories and skills are explored in greater detail.

The starter pack

- An introduction to young people and drugs

AOD brief interventions

- Brief interventions for a healthy lifestyle
- Substance use

Brief interventions for a healthy lifestyle

- Nutrition and physical health
- Oral health
- Maternal health: Smoking
- Maternal health: Alcohol and other drugs
- Maternal health: Nutrition and physical health
- B.Strong in pregnancy and early life for First Nation Australians

CIMHA Modules

These modules were developed by the Clinical Systems Support Team within Clinical Excellence Queensland / MHAOD Branch and are designed to assist Queensland Health mental health and alcohol and other drug staff to develop their knowledge and understanding of how to use CIMHA 5.0.